

Rising Stars

Daily Schedule

6:30- 8:00	Arrival
8:00- 8:30	Ease into the Day/Sign In
8:30-9:00	Breakfast/Quiet activities
9:00-10:00	Active Learning
10:00-10:15	Morning Meeting
10:15-10:30	Small Group
10:30-11:15	Outside/Large Motor
11:15-12:00	Lunch/Quiet Activities
12:00-12:30	Actives Learning
12:30-12:45	Calendar-Yoga
12:45-1:00	Regroup to Revisit-Read Aloud
1:00-3:00	Naptime
3:00-3:30	Snack
3:30-4:15	Active Learning
4:15-5:00	Outside/Large Motor
5:00-6:00	Departure/Read Aloud

Sandcastle is licensed for 60 per-school children. They are divided into four classroom. The Rising Stars group is for 3 to early 4 year olds.

Sandcastle hours are 6:30 to 6:00p.m., Monday through Friday, 12 months a year. We provide age appropriate experiences with a one to eight or nine ratio.

Children are supervised at all times by a qualified staff person. Staff interact with the children during play and activities while providing age-appropriate learning experiences for each child's physical, intellectual, social, and emotional developmental needs in a loving, caring environment.

Our program is arranged to accommodate children individually, in small groups, and large groups, to facilitate a wide variety of activities and experiences. Staff encourages child-selected activities and experiences, while required to participation in group activities is limited.

PRESCHOOL PROGRAM PLAN RISING STARS

Encourage awareness of, and positive feeling towards self, others, and the environment.

Encourage children to initiate activities, ask questions, make limited choice, and solve problems independently.

Encourage and promote self-expression through language, art, music, and play.

Provide a variety of activities (art, stories, fingerplays, songs, movement, language, math, and science) that will reinforce and extend concepts and skills.

Provide an environment that is:

- A. Predictable with well-defined activity areas, labeled items
- B. Child centered along with child sized equipment, self-selection in activities, child's artwork displayed
- C. Multicultural and nonsexist
- D. Balanced active and quiet times, indoor and outdoor play, structured and non-structured activities

Provide a program that can meet the needs of each individual child.

This classroom will be divided into learning areas that provide children with a variety of learning experiences and materials. Children will choose their own activities and whether to work and play independently or in small groups. Following is a list of specific learning areas, objectives for each, and materials that will be used to meet the objectives.

A. Art

Objectives:

1. Encourage individual expression and creativity
2. Offer opportunities to explore a variety of media in a variety of ways

Materials: Easels, various paints and painting materials, scissors, pencils, crayons, markers, chalk, play-dough, glue, craft materials, pipe cleaners, cookie cutters, utensils, yarn, ribbon, cotton balls, tissue paper, “junk item

B. Blocks

Objectives:

1. Promote fine motor and coordination skills
2. Encourage creativity by sorting, stacking, and building

Materials:

Large wooden blocks, Legos, Tinker toys, small vehicles, animals, toys people

C. Fine Motor

Objectives:

1. Develop eye-hand coordination and visual perception
2. Develop problem solving, classification, and discrimination skills

Materials:

Crayons, pencils, markers, paper, stencils, magnet boards and letters, chalkboard with chalk, puzzles, pegboards and pegs, sewing cards, math manipulatives, connecting bead and links, dominoes, matching games, sequencing cards.

D. Dramatic Play

Objectives:

1. Encourage dramatic play and role playing
2. Develop language/socialization skills
3. Provide practice in dressing skills

Materials:

Small table, chairs, kitchen appliances, toy dishes and utensils, plastic food, dolls and doll clothing, ironing board, iron, telephone, hats, clothing and accessories, camera, a full length mirror, assorted, theme related materials

E. Large Muscle

Objectives:

1. Develop large and small muscle coordination
2. Develop balance, posture and strength
3. Provide an outlet for energy

Materials:

Balls, climbing equipment, beanbags, bikes, riding vehicles, tumbling mats, jump ropes, music source

F. Library

Objectives:

1. Promote language and reading readiness skills
2. Develop an appreciation for literature

Materials:

Cozy seating area, stuffed animals, rotatind set of books, tape recorder with earphones, book-on-tape sets, puppets, flannel board with flannel board pieces/stories

G. Music

Objectives:

1. Develop skills of expression, rhythm, and listening
2. Develop understanding and appreciation of music

Materials:

Rhythm instruments, tape recorder/compact disc player and cassettes/compact discs, variety of songs, "voice"

H. **Science**

Objective:

Encourage children to reason, analyze, explore and classify

Materials:

Magnets and magnetic objects, balance scale, prism, magnifying glasses, kaleidoscopes, sensory bottles, live animals, rocks, shells, sound and scent containers, variety of sensory materials.