

## Program Plan Ducks

- A. Sandcastle Child Care hours are 6:30 a.m. to 6:00 p.m., Monday through Friday, 12 months per year. We have 2 toddler classrooms. We operate our toddler classrooms at a one to six or seven teacher to child ratio. Teachers post a weekly lesson plan using the Creative Curriculum approach.
  
- B. Children are supervised at all times by a qualified staff person. Staff interact with the children during play and activities while providing age-appropriate learning experience for each child's physical, intellectual, social, and emotional developmental needs in a loving, caring environment.
  
- C. Our program is arranged to accommodate children individually, in small groups, and large groups, to facilitate a wide variety of activities and experiences. Staff encourage child-selected activities and experience, while required participation in group activities is limited.
  
- D. Our staff seek the following goals for each Toddler in the program:
  - 1. Help a child develop a healthy self concept through positive guidance and discipline techniques in a loving, caring environment.
  
  - 2. Provide an atmosphere where toddlers can play individually and in a group and begin to learn social skills by learning to share and listen to each other.
  
  - 3. Encourage communication skills and language development by role modeling and speaking to children at their level.
  
  - 4. Give the children a love and respect for nature by providing opportunities to play and experience outdoors.
  
  - 5. Provide for each child's emotional and developmental needs as described in the following goals and objectives:
    - a. Physical Development (gross and fine motor):
      - Gross – Large muscle play – encourage climbing
      - Activities
      - Physical movement – variety of physical movements
      - Balance – become aware of obstacles that can create loss of balance.

Fine – Small muscle play – encourage manipulation of fingers

Eye-hand coordination – encourage use of toys, books, and tools.

b. Intellectual Development:

Language development – encourage speaking in clear Sentences

Problem solving – figuring out by exploring

Personal growth – identify basic body parts and what each can do

Reading readiness – encourage eye movement from left to right

c. Social Development:

Basic routine – following the same pattern daily

Behavior skills – encourage good habits, discouraging bad

Playing skills – (alone and in group) – encourage social Interaction and individual times

d. Emotional Development:

Create self confidence – encouragement of doing various Items by themselves

Allow choices – provide different areas to explore

Encourage curiosity and self motivating – provide a cheerful, inviting atmosphere for play and work.

E. Some of the activities provided are:

1. Physical:

Gross – sliding, climbing on climbing toys, ball play, playing games, dancing to CDs.

Fine – coloring, pasting, using chalk easel, playing with blocks and puzzles, turning pages to books, playing with puppets, water and sand play.

2. Intellectual:

Story time, singing songs, puzzles/matching cards, arts and crafts, naming pictures, numbers, colors, and shapes.

3. Social:

Group games, arts and craft activities, quiet activity time

4. Emotional:

Dressing and undressing of dolls and personal clothing, toilet training, selecting colors and shapes to use at play and work, creating colorful pictures for the walls and to take home.

- F. Assessments are written 3 times per year using the Creative Curriculum Assessment tool. The parent is asked to sign a copy of the assessment form which is then put in the child's file: a copy is also given to the parent. Parents are also provided a daily sheet outlining their child's activities for each day in attendance.

G. Daily Schedule:

6:30 Arrival/Large group play/Free Choice  
9:00 Breakfast (Hands and face washed before and after)  
9:30 Free Play, creative activities, art, music, movement (potty/diaper change)  
9:55 Clean up  
10:00 Art/creative activities  
10:30 Outside/Muscle room  
11:00 Group time, game, music, story  
11:30 Lunch (hands and face washed before and after)  
12:00 Muscle room or carpet area- Free play (Diaper change)  
12:35 Story Time  
12:45 Nap  
3:00 Snack (Potty, hands and face washed before and after)  
3:30 Large group time, free choice (inside or outside)  
4:00 Muscle room- Group play (Diaper change)

H. Sample list of equipment/activities:

Quiet- puzzles, coloring, looking at books, soft music, storytelling, singing songs, chalkboard, wagon rides, building blocks, play dough

Active – playing with cars, trucks and planes, outdoor play, group games, dancing, running, riding toddler bikes, tumbling, balance beam

Teacher Directed – housekeeping play, sandbox – outside, puzzles, looking at books, climbing on climber, sliding on slide, playing with dolls, cars, and trucks

Activity centers included are: kitchen area, large blocks and large muscle area, arts and craft corner, small muscle toy shelf

- I. This plan will be available for parents to review at all times. This plan will be reviewed and evaluated annually by the Director and lead teachers.